

A Foundation Of Strength,
Leads To A Future Of Confidence.™

NEW ENGLAND
RENDOKAN

練道館

(860) 257-0387

www.ner1.net

info@ner1.net

Karate, Jujutsu & Kobudo

Mission Statement

Teach Traditional Okinawan Shorin-Ryu Karate, Torite Jujutsu and Kobudo in the time-honored tradition of the Okinawan Island developing skillful, knowledgeable and respectful students.

- * Non-competitive & Positive atmosphere.
- * Proven methods to help students learn ways of making friends, handling bullies & believing in themselves creating the "I can" attitude.
- * Training steps designed to make learning & strengthening more efficient.
- * We stress self-discipline & strength building improving confidence & self-esteem.
- * Karate increases motor skills, improves flexibility and reduces injuries in other sports.
- * We are located in the Old Saybrook Shopping Center, 665 Boston Post Rd. In the corner next to Walmart.



Grand Master Darryl Baleshiski is a 9th degree black belt and teaches students ages 3 to 103



4 Weeks Free Classes

Good for any class any
4 consecutive weeks
Up to 2 classes per week.

Spaces are limited, call to reserve your spot. Not valid with any other offer or coupon. Good for new students only. Expires : 9-15-13

\$50 Off A Karate Birthday Party

Please call or visit our website at
www.ner1.net for more details

Times are limited, please call to reserve your spot. Not valid with any other coupon or offer. Expires: 9-15-13

Class Schedule

Morning Class

Wed & Fri 9:30am to 11:00am

Senior Class

Wed & Fri 11:00am to noon

Kids 3 to 5 /Parents Class

Wed & Fri 1:00pm to 2:00pm
Mon & Wed 3:30pm to 4:30pm

Kids 4 to 8 Class /Parents Class

Mon & Wed 4:30pm to 5:30pm

All Ages Class

(3 to adult, great for families)
Mon & Wed 5:30pm to 7:00pm
Thur 6:00 to 7:30pm
Fri 4:30 to 6:00pm
Sat 9:30 am to 11:00am

Please ask about classes on Tuesdays

Rocky Hill Dojo
1845 Silas Deane Hwy., Rocky Hill, CT

Old Saybrook Dojo
665 Boston Post Rd. Old Saybrook Shopping Center