

HAVE A BIRTHDAY PARTY WITH NEW ENGLAND RENDOKAN

New England Rendokan is a great place for your child's next birthday. Parties are held for children 3 and up and are two hours long. We will supply the party room, tables & chairs and one hour of self defense training in a safe and fun environment. You provide the cake & food.

15 Minutes:

The first 15 minutes are to welcome guests.

60 Minutes:

Next is one hour of self defence training in a safe and fun manor.

45 Minutes:

The last 45 minutes can be used for food, cake and gifts.

Training:

The training will consist of:

- ~learning basic blocks, punches & kicks
- ~safely applying techniques
- ~how to get out of a grab
- ~safe board breaking
- ~an obstical course

Cost of Party

\$199 (up to 20 kids)



Days & Times Available

Fridays 6:00 to 8:00 pm

Saturdays 1:00 to 3:00 pm

3:30 to 5:30 pm

Sundays 1:00 to 3:00 pm

Please see us for more information and to reserve your date and time.